



INTERNATIONAL STUDIES ABROAD

AFRICA ASIA EUROPE LATIN AMERICA PACIFIC

Appalachian State Exercise Science Recommendations

AUSTRALIA

BRISBANE

QUEENSLAND UNIVERSITY OF TECHNOLOGY (QUT): BUSINESS, EXERCISE SCIENCE, ENGINEERING & CREATIVE INDUSTRIES

Sample Exercise Science Courses:

- Biochemistry
- Human Anatomy and Physiology
- Medical Physiology 1
- Constraint Based Learning in Performance Activities
- Exercise and Sport Nutrition
- Food and Nutrition
- Principles of Coaching and Instructional Practice
- Computer Games Studies

MELBOURNE

LA TROBE UNIVERSITY: SPORT AND EXERCISE SCIENCE, BUSINESS & LIBERAL ARTS

Sample Exercise Science Courses

- Exercise and Sports Biomechanics
- Introduction to Nutrition
- Perspectives of Health and Wellbeing
- Principles of Human Nutrition
- Sport and Exercise Psychology
- Food for Thought: Discovering the World Through Commodities

SYDNEY

UNIVERSITY OF SYDNEY: BUSINESS, STEM, LIBERAL ARTS, HEALTH & SOCIAL SCIENCES

Sample Exercise Science Courses

- Diet and Nutrition for Health and Sport
- Sport: Contemporary Educational Issues
- Training for Performance
- Biomechanical Analysis of Movement
- Exercise, Health and Disease
- Practice in Clinical Exercise Physiology

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TOWNSVILLE

JAMES COOK UNIVERSITY: ENVIRONMENTAL AND MARINE SCIENCE, BUSINESS, PSYCHOLOGY & LIBERAL ARTS

Sample Exercise Science Courses

- Foundations of Sport and Physical Activity
- Dynamics of Sport and Exercise Behaviour
- Functional Kinesiology and Biomechanics
- Science and Practice of Physical Activity
- Sports Training and Rehabilitation

ENGLAND

LONDON

KINGSTON UNIVERSITY: BUSINESS, COMPUTER SCIENCE, EXERCISE SCIENCE & LIBERAL ARTS

Sample Exercise Science Courses

- Analysis in Sport and Exercise
- Essentials for Sport and Exercise Science
- Food and Nutrition 1 – An Introduction
- Food and Nutrition 3: Public Health Nutrition
- Functional Anatomy and Exercise Physiology
- Sport and Exercise Psychology
- Sport and Exercise Psychology II
- Sport Coaching Theory
- The Science and Practice of Coaching

IRELAND

DUBLIN

DUBLIN CITY UNIVERSITY: BUSINESS, EDUCATION, LIBERAL ARTS & STEM

Sample Exercise Science Courses

- Drama and Physical Education
- Drama and Physical Education
- Injury, Exercise and Sport Biomechanics
- Motor Control & Learning
- Sociology of Sport 2
- Sport and Exercise Biomechanics 1
- Technology in Sports Science & Health



SOUTH AFRICA

PORT ELIZABETH

NELSON MANDELA UNIVERSITY: SUSTAINABLE DEVELOPMENT, ENVIRONMENTAL STUDIES & SPORT SCIENCE

Sample Exercise Science Courses

- Exercise Physiology I
- Exercise Science I
- Exercise Science II
- Sport and Exercise Psychology II
- Sport and Society
- Sport Business and Event Development Module B

SOUTH KOREA

SEOUL

KOREA UNIVERSITY: STEM, BUSINESS, SOCIAL SCIENCES & LIBERAL ARTS

Sample Exercise Science Courses

- Food Science
- Department of Physical Education
- Leisure and Quality of Life
- Sport Nutrition
- College of Health Sciences
- Division of Biosystem Medical Science
- Nutritional Pathology and Metabolism
- Applied Econometrics
- Financial Management in Food Sector
- Division of Food Bioscience and Technology
- Food Chemistry I
- Physical Chemistry for the Food Science

SPAIN

VALENCIA

UNIVERSIDAD CATÓLICA DE VALENCIA: HEALTH AND NATURAL SCIENCES

Sample Exercise Science Courses

- Body Language
- Football
- New Technologies Applied to Physical Activity
- Sports Injuries